

Journal Scope

The Journal provides the platform with the aim of motivating the students and personnel in Medical Science.

The journal will welcome articles from the field of all specialities of clinical, as well as basic medical science (medicine, surgery, ophthalmology, gynaecology and obstetrics, psychiatry, anaesthesia, paediatrics, orthopaedics, microbiology, pathology and laboratory medicine, forensic medicine, medical ethics, community medicine and public health, anatomy, physiology, biochemistry, pharmacology, biophysics, etc). We also consider hypotheses, intersectoral and translational medicine articles. Articles must be of high academic/clinical rigour and may be in the form of original article, review, perspectives, case reports, and letter to the editor or essays.

Author Guidelines

- **Preparation of manuscript**

General

Manuscripts should:

- Be concise and clear.
- Be limited to 5000 words for Research submissions. For information on other manuscript types please see the relevant section below.
- Display the word count on the title page.
- Contain no more than 5 figures and 25 references as recommended by the journal.
- Use double line spacing throughout (including reference list and figure legends), and contain continuous line numbering down the left side of each page.
- Define all abbreviations when first mentioned.
- Be submitted in the correct file type, ie. main document in an editable Word format.
- Be written in either UK or US English.
- Contain a title page.

Accepted file types:

- Please be aware that the combined size of your files should not exceed **25 MB**.
- For article text: txt, doc, docx, LateX. We are unable to accept pdf files for article text for revised manuscripts but can do so for first submissions.
- For figures: eps, tiff, jpg, BMP.

Changes within revised manuscripts should be highlighted using the highlighter function or coloured text, and should be accompanied by a full response letter to editor and reviewer comments.

Manuscript categories

Research articles

All research submissions should be formatted in the following sections:

1. Title Page

Include a separate title page with:

- Title (maximum 85 characters, including spaces)
- All authors names and affiliations.
- Corresponding author's postal code and email address.
- A short title (maximum 46 characters, including spaces)
- A minimum of four keywords describing the manuscript.
- Word count of the full article, excluding references and figure legends.

2. Abstract

The abstract should be a single paragraph of not more than 300 words, clearly stating the objective of the study or review, the methods used (where applicable), and summarizing results and conclusions. Avoid abbreviations and references in this section.

3. Introduction

The introduction should set the study in context by briefly reviewing relevant knowledge of the subject; follow this with a concise statement of the objectives of the study.

4. Materials and methods

How the study was done should be explained in sufficient detail so that some other researcher can replicate the same study. How the subjects were selected? How the intervention was allocated? How blinding was done? How the endpoints were measured? etc should be given in sufficient detail. Appropriate reference to some standard technique should be given. If experimental procedure is long then it can be given as appendix. Help of suitable guidelines mentioned above should be taken during writing the manuscript. Ethics should be the part of this section.

5. Results

There must not be any overlap between results shown in table and results written in text. Results should appear in logical sequence i.e. most important results should be written first. Absolute value should be written with method of description like percentages, mean, median etc.

6. Discussion

Discussion should start with summary of main results. All results should be interpreted and compared with existing knowledge of the subject. Reasons for the findings should be discussed.

Implication of results obtained should be discussed in detail. Limitations of the study should also be mentioned.

7. Conclusion:

Main findings of the study should be written in the conclusion. A box should be added just after the conclusion mentioning what was already known before the study and what information this study adds to the existing knowledge.

8. Declaration of interest, Funding and Acknowledgements

Declaration of interest

Actual or perceived conflicts of interest for all authors must be declared in full.

Please either (a) declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported; or (b) fully declare any financial or other potential conflict of interest.

Conflicts of interest include, but are not limited to:

- Employment and consultancies
- Grants, fees and honoraria
- Ownership of stock or shares
- Royalties
- Patents (pending and actual)
- Board membership

Funding

Please detail all of the sources of funding relevant to the research reported in the following format:

This work was supported by the Medical Research Council (grant numbers xxxx, yyyy); the Wellcome Trust (grant number xxxx); and Tommy's Baby charity (grant number xxxx).

Where research has not been funded please state the following:

This research did not receive any specific grant from any funding agency in the public, commercial or not-for-profit sector.

Author contribution statement

Please include a statement specifying the contribution of each co-author.

Acknowledgements

Please be as brief as possible.

9. References

All references cited in the text must be included in the reference list and *vice versa*. However, if a reference consists of only a web address do not include it in the reference list but cite it in the text, giving the date the page was accessed.

In the reference list

List references in vancouver style

10. Tables

Tables should be concise. Tables too large for print publication should be submitted as supplementary data.

- Number tables in the order they are cited in the text
- Include a title – a single sentence at the head of the table that includes the name of the organism studied
- Use footnotes to provide any additional explanatory material, cross-referenced to the column entries
- Give a short heading for each column
- Do not use internal horizontal or vertical lines, colour or shading
- Explain all abbreviations used in the table in the footnotes

11. Figures

The journal has produced digital image guidelines in order to clarify the standards expected by the journal. All submitted digital images must adhere to these guidelines.

- Number figures in the order they are cited in the text
- Include legends to all figures, giving the figure number, keys to any symbols used, the name of the organism studied, the names of any statistical tests used and the probability levels used for comparisons
- Label figure sections as A, B etc in the top left-hand corner.
- Use Arial or a similar sans-serif font for text labels.
- Do not enclose figures in boxes.
- Indicate magnification by a scale bar in the bottom right-hand corner of the image and give the measurement in the legend.
- Use the preferred symbols of closed and open circles, squares and triangles. Ensure that symbols are large enough to be read clearly when the figure is reduced for publication.

Review articles

The format of review articles is more fluid but should include the following:

1. Title page
2. Abstract
3. Conclusions
4. Declaration of interest, Funding, Author contributions statements (where appropriate)
5. References
6. Figure legends
7. Figures/ tables

Review submissions should be limited to 6000 words. We recommend a maximum of 60 references for review articles, with 2--6 figures and tables. Original summary diagrams and illustrations of proposed models (in colour where appropriate) are encouraged. Line drawings may be redrawn. Boxes can be used to separate detailed explanations and background information from the main part of the text.

For further information on what is include in each of these sections, please see the 'Manuscript Preparation' section above.

Plagiarism Policy

RJMS uses the standard Plagiarism Detection Software to avoid the Plagiarism. By submission to RJMS authors automatically attest that, none of the parts of manuscripts is plagiarized from any other source. Proper reference should be provided whenever anything is extracted from a source. Technical editors use Plagiarism detection tools/ softwares to ensure the originality of the article.

Ethical Considerations

In all experimental and studies on human or animals, authors must state whether formal approval from an Institutional Review Board or Ethics Committee was obtained and be clearly stated in the Methods section of the manuscript. All studies on human subjects must include a statement that the subjects gave informed consent. Patient anonymity should be preserved. Photographs need to be cropped to prevent human subjects being recognized. Experiments involving animals must be demonstrated to be ethically acceptable and should conform to national guidelines for animal usage in research.

Submit Your Manuscript

Prior to submission please ensure that your manuscript is within the journal scope.

Before submission, Authors should go through the author guidelines page and prepare their manuscripts accordingly.

File required for submission:

- Title page
- Main text
- Each author is required to propose three potential reviewers for the manuscript, along with their contact information, including email addresses and mobile phone numbers.

Submission E-mail

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